



2025 Baseball/Softball Coaches Information

Due by COB on August 22.

We cannot guarantee all schedule requests; however, we will do our very best! We would encourage every team to identify an assistant coach to take over in the event you cannot be at a practice or a game. Thank you for your cooperation!

Paperwork to be returned to SASA office...

1. Coaches Information Sheet/Bad Play Day Form (*This sheet*)
2. Coaches Code of Ethics
3. Jersey Order Form (KBall & TBall Divisions Only)

Coaches Information (*All league info will be sent to email address or cell# listed below*)

Head Coaches Name: _____

Coaches Cell: _____

Coaches Email: _____@_____

Division Coaching:

☐ KBall ☐ TBall ☐ 8U Coach Pitch ☐ 10U Baseball ☐ 12U Baseball ☐ 14U Baseball
☐ 8U Coach Pitch Softball ☐ 10U Softball ☐ 12U Softball

You may request 1 day of the week (**ONLY 1 DAY**) to not play games.

M Tu Wed. Thurs. Fri. Sat.

Any concerns or conflicts SASA should be aware of?

Stillwater Area Sports Assoc. Coaches Code of Ethics Agreement

Prior to participating as a coach in any Stillwater Area Sports Association (SASA) related activity, I agree to encourage, demand, exemplify and abide by the following:

1. I accept the duty the duty and obligation to report any known illegal or unethical conduct by any coach, assistant coach, officer, official, spectator, board member or director.
2. I will comply with all SASA rules, bylaws, certifications, regulations and decisions as well as all applicable governmental rules, regulations and laws. I understand that I may request a copy of the SASA articles and bylaws, or review them during regular business hours at the SASA office, and agree to be bound thereby.
3. I agree to ensure that every participant has completely complied with the registration process including completion of all registration forms, waivers, and payment or fees.
4. I will strive to exemplify and instill in my participants that while winning may be an immediate objective, it is secondary to fairness, honesty, integrity, sportsmanship, strength of character, and participation.
5. I will encourage and maintain an optimum sports environment for participants.
6. I will (a) provide a drug free environment; (b) provide conditioning and training instruction to optimize safety and health while minimizing injury; (c) provide equal opportunity for each participant to engage in any SASA activity; (d) provide positive encouragement to each and every participant regardless of race, color, creed, gender, religious orientation, disability, inability, parental influence or economic status.
7. I will require parents and associated spectators to conduct themselves in a manner consistent with the purpose and aims, while also leading by example.
8. I acknowledge and agree that SASA has complete and absolute discretion as to whether an individual is qualified to be a coach in SASA's sports leagues. I understand that before a final decision is made by SASA as to my qualifications to be an SASA coach or any other requirements are imposed for me to be an SASA coach, I will be given an opportunity to present my position on the matter to the SASA board. However, I agree that any decision made by the SASA Board shall be final and I agree to be bound by and follow any such decisions by SASA.

WHEN YOU SIGN THIS AGREEMENT, YOU ARE CERTIFYING THAT YOU HAVE READ AND UNDERSTOOD EACH ITEM, AND YOU ARE VOLUNTARILY WAIVING ANY CLAIM YOU MAY HAVE AGAINST SASA OR THE CITY OF STILLWATER IN THE EVENT YOU ARE SANCTIONED AS A RESULT OF ANY VIOLATION OF THE TERMS OF THIS AGREEMENT. YOU ARE AGREEING TO FOLLOW ANY RULING OF THE SASA BOARD WITH REGARD TO YOUR QUALIFICATIONS TO BE A COACH IN ANY SASA SPORTS PROGRAM.

(PLEASE SIGN BELOW)

PRINT NAME: _____

SIGNATURE: _____ DATE: _____

Stillwater Area Sports Association
KBALL & TBALL GAME SHIRT ORDER FORM
MUST BE TURNED INTO SASA OFFICE BY August 22

COACHES NAME:_____ **CELL:**_____ **DIVISION:**_____

Office hours are 9:00-2:00 Monday-Friday. Colors are chosen by first turned in basis.
If sizes and color request aren't turned in by 8/22/2025; SASA cannot guarantee game shirts by your team's first game.

The team will be responsible for numbers. Any names will be also the expense of the team.

Shirt Color Options:

Ash Grey	Candy Pink	Black	Cardinal Red	Carolina Blue
Charcoal	White	Coral	Yellow	Neon Yellow
Gold	Clover Green	Sangria Pink	Sapphire Blue	Red
Orange	Neon Orange	Sporty Grey	Steel Blue	Royal
Purple	Neon Green	Kelly Green	Lime	Navy
Forest Green	Aquatic Blue	Neon Blue	Brown	Garnet

1st Choice:_____ 2nd Choice:_____ 3rd Choice:_____

SIZES	SHIRTS NEEDED PER SIZE
Youth X Small (2-4)	
Youth Small (6-8)	
Youth Medium (10-12)	
Youth Large (14-16)	
Adult Small	
Adult Medium	
Adult Large	
Adult XLarge	
Adult XX Large	

Date Turned Into Office:_____ Received by:_____



2025 Coach's Packet

Stillwater Area Sports Assoc. (SASA)

315 E. 9th Ave

Stillwater, Ok 74074

Phone: (405) 533-2532

Fax: (405) 533-2538

Executive Director

Carolyn Walstad

Carolyn@StillwaterAreaSports.com

Operations Director

Jared Szlichta

Jared@StillwaterAreaSports.com

SASA RAINOUT INFO

(405) 533-3753

You can also sign up to have rainout info emailed to you.

www.stillwaterareasports.com



Coaches/Parent/Staff/Spectator Awareness and Expectations

Prohibited Behavior

1. Use or under the influence of tobacco and/or alcohol in the presence of SASA athletes.
2. Use of degrading language or behavior. Coaches are also responsible for stopping disrespectful behavior between team members, including sexual harassment
3. Threatening or intentionally inflicting physical injury upon anyone, especially a minor. Coaches are also responsible for stopping threatening behavior by players.
4. Committing any sexual offense against a minor, or engaging in any sexual contact with a minor.
5. Making any sexual advance, or engaging in other verbal, or physical conduct of a sexual nature with a minor.
6. Non-related one-adult/one-child interaction except in an emergency where following this policy would be dangerous to the child. In an emergency situation, the coach or volunteer must contact a representative of the organization to inform him or her of this contact and the reason for it. If a child is receiving individual instruction or working with a private coach, this activity must be in a public setting rather than behind closed doors.™

Reporting of Suspected Child Sexual Abuse

1. A member of the Board of Directors or other official representative will be designated to receive reports of sexual abuse or other inappropriate conduct. This representative will promptly notify the proper law enforcement agencies.
2. All coaches, volunteers, parents and program participants are directed to report any incident of abuse or suspected abuse that they witness or that is reported to them to the designated representative of the Board of Directors. *Note:* This does not preclude individuals from reporting abuse, suspected abuse to the proper law enforcement authorities.
3. The designated representative will keep other Board members fully informed.
4. Should a suspected incidence of abuse be reported, the coach/volunteer in question may be temporarily suspended from duties while an investigation takes place.
5. The Board of Directors, when appropriate, shall communicate reports of child sexual abuse to the league members. The confidentiality of any who makes such a report will be protected.



Little League Baseball

Program Organization and Administrative Personnel

The SASA Rec. Baseball Program shall be operated under the direction and supervision of the SASA Directors and their staff, all of whom are employed by SASA. **The final decision(s) on anything covered or not covered in this rule book will be made by the SASA Board of Directors and/or its representatives. Be it understood that by coaching in this program, you accept the purpose, direction and philosophy of the program.**

Purpose

The general purpose of the SASA Rec. Baseball Program is to allow each player to grow within the game through fundamental development, physical fitness, sportsmanship and inspiration.

Philosophy

The established philosophy of the SASA Board of Directors is that all participants enrolled in youth sports have the guaranteed right to play in every game regardless of skill level. However, SASA understands that practice habits, attitude and effort are contributing factors towards playing time.

Sportsmanship

1. Poor sportsmanship and/or foul language will not be tolerated. Any derogatory remarks to officials, opposing coaches, fans, or players can result in suspension from play or forfeiture of the game.
2. Any coach/fan/parent ejected from a SASA event (games or practices) must leave SASA property immediately and may not re-enter SASA property for the remainder of the day.
 - a. Ejected coaches will be suspended from coaching their team's next game.
 - i. If the coach is responsible for multiple teams, the suspension will apply to the next game of the team involved in the ejection.
 - ii. If the coach is coaching multiple teams in the same sport/season and the ejection occurs during the last game of one team's season, the suspension will be served during the next scheduled game of the other team.
 - iii. If the ejection occurs during the last game of the season and the coach will be coaching in a future season or another sport, the suspension will carry over to that team's first game of the next season.
 - b. Ejected fans/spectators/fans will be suspended from attending their team's next game.
3. Ejected coaches/fans/parents may petition to the SASA Board of Directors through the Grievance Chair to have their suspension nullified.
4. Repeated ejections or acts of poor sportsmanship and/or use of foul language could result in suspension or removal from all SASA programs for the remainder of the calendar year.



T-Ball Specific Rules

Participation

All registered players on a teams roster are allowed to take the field in defensive positions. Only 6 defensive players are allowed on the infield (back lip of the infield dirt inwards towards Homeplate) prior to each attempted swing. **Should a defensive team choose to NOT play a catcher behind the plate, only 5 players are allowed on the infield.** You **can not** have an infield rover or second shortstop.

Length of Games - 55Mins or 4 innings

1. Games can end in a tie; no extra innings will be played.
2. Umpires will keep official game time.
3. A new inning begins as soon as the 3rd out is called on the bottom half of the previous inning.
4. Each team must have a minimum of 8 players to start a game.
 - a. There will be a 5-minute waiting period given to a team that is waiting on their 8th player to arrive to play an official game.

Run Limits/Run Rule

T-Ball – 7 Runs per offensive inning.

The game will be determined final with no additional stats kept if there is a mathematical run rule however; if there is still time left on the game clock play will continue until the game clock expires.

Base Distances and Field Markings

65ft bases.

A batted ball must travel outside of the Homeplate dirt area to be a fair ball.

No defensive player may begin a swing within the 30ft safety arc.

Official Baseball

Game balls will be provided by SASA. The following baseballs or equivalent will be provided:

- ~ K & TBall will use a 9” safety ball or equivalent. (Rawlings TVB)

Home Team

The home team shall be designated by a coin flip before each game.

Helmet Rule(s)

-Hitters - Helmets are to stay on at all times while an offensive player (hitter or runner) is outside of his/her respective dugout.

-Catchers –T-Ball catcher shall wear a catcher’s helmet with facemask or a batting helmet with an affixed facemask (softball helmet).

Cancellations

A game is considered final if 2 or more innings have been completed before it is called due to weather. If less than 2 full innings have been completed before the postponement the game will be resumed at a later date.

Practice

1. All practice times on fields/facility(s) owned by the City of Stillwater are to be coordinated through the SASA Main Office 9am-2:00pm (405) 533-2532
2. **Helmets at Practices... If bats are being swung all kids in the area must have a helmet on. Ie if bats are taken out of bags put helmets on kids.**

T-Ball

Offensive Rules

1. A batting order is to be established prior to the start of each game. The offensive team is to bat in order until either 3 outs are recorded or 7 runs are scored per half inning.
2. There are no strikeouts in TBall. Should a hitter struggle to make contact a coach is to “reasonably help” the batter to make fair ball contact.
3. The coach is responsible for positioning the tee height according to each of his/her batters. The coach is also responsible for placing the ball on the T for his/her batters.
4. Once the ball is placed on the T and the defense is ready for play the umpire will call “Play Ball” and the batter can proceed to strike the ball.
5. The ball will be considered live if any part of the hitter’s bat strikes the ball causing it to go further than the painted line marking the dead ball zone (5ft). In the absence of a painted line dead ball zone will be denoted by the grass line outside of the dirt Homeplate circle in fair ground. Striking the T causing the ball to fall off does not constitute a live ball but will be counted as a strike.
6. **Bunting is not allowed.**
7. The coach assisting his/her players in batting is responsible for removing the T from the home plate area when a play at home plate is possible. Failure to remove the T will result in a safety hazard for the players and will result in the runner scoring from 3rd being called out. All other results of the play will stand.
8. All runners including the batter may advance a max of 1 base (regardless of overthrows) on batted balls that do not go further than the back lip of the infield prior to being touched. Runners may advance a max of 2 bases (regardless of overthrows) on batted balls that travel past the back lip of the infield prior to being touched. This will be denoted by the umpire as soon as the ball leaves the dirt infield.
9. Base runners are not allowed to lead off or steal bases.
10. The coach assisting the hitters at the plate may not reposition the T around the plate to effect where the ball is hit. Ie the T must remain in the center of the plate.

Defensive Rules

11. **All registered players on a teams roster are allowed to take the field in defensive positions.** 2 defensive coaches are allowed on the field to assist players with defensive placement and attention. (1 coach on the right side of the infield and 1 on the left).
12. Only 6 players (which includes a catcher) will be allowed on the infield (Infield is considered from the back lip of skinned dirt area inwards towards plate) all other players must be positioned in the outfield (Outfield is considered from the back lip of the skinned dirt area outwards to the outfield fence). **Should a defensive team choose to not play a catcher behind the plate, only 5 players are allowed on the infield.**
13. Safety Arc: There shall be a thirty (30) foot arc drawn from (1st) baseline to third (3rd) baseline in front of home plate. Infielders must stay behind this line until the ball is hit. In the absence of a painted line defensive players must stay the same distance away as the dirt area in front of the pitcher’s rubber before the ball is hit.
14. Pitchers must have 1 foot in contact with the dirt area around the pitcher’s mound before each attempt to strike the ball by the batter.
15. Outfielders must begin each attempted swing behind the skinned infield dirt (gotta be in outfield grass).
16. Defensive players may not interfere with baserunners attempting to advance to the next base. When interference is called the runner will be awarded the base they are attempting to advance to.