



2023 K-Ball Coach's Packet

Stillwater Area Sports Assoc. (SASA)

315 E. 9th Ave

Stillwater, Ok 74074

Phone: (405) 533-2532

Fax: (405) 533-2538

Executive Director

Carolyn Walstad

Carolyn@StillwaterAreaSports.com

Operations Director

Jared Szlichta

SASABaseball@StillwaterAreaSports.com

SASA RAINOUT INFO

(405) 533-3753

You can also sign up to have rainout info emailed to you.

www.stillwaterareasports.com



Coaches/Parent/Staff/Spectator Awareness and Expectations

Prohibited Behavior

1. Use or under the influence of tobacco and/or alcohol in the presence of SASA athletes.
2. Use of degrading language or behavior. Coaches are also responsible for stopping disrespectful behavior between team members, including sexual harassment
3. Threatening or intentionally inflicting physical injury upon anyone, especially a minor. Coaches are also responsible for stopping threatening behavior by players.
4. Committing any sexual offense against a minor, or engaging in any sexual contact with a minor.
5. Making any sexual advance, or engaging in other verbal, or physical conduct of a sexual nature with a minor.
6. Non-related one-adult/one-child interaction except in an emergency where following this policy would be dangerous to the child. In an emergency situation, the coach or volunteer must contact a representative of the organization to inform him or her of this contact and the reason for it. If a child is receiving individual instruction or working with a private coach, this activity must be in a public setting rather than behind closed doors.™

Reporting of Suspected Child Sexual Abuse

1. A member of the Board of Directors or other official representative will be designated to receive reports of sexual abuse or other inappropriate conduct. This representative will promptly notify the proper law enforcement agencies.
2. All coaches, volunteers, parents and program participants are directed to report any incident of abuse or suspected abuse that they witness or that is reported to them to the designated representative of the Board of Directors. *Note:* This does not preclude individuals from reporting abuse, suspected abuse to the proper law enforcement authorities.
3. The designated representative will keep other Board members fully informed.
4. Should a suspected incidence of abuse be reported, the coach/volunteer in question may be temporarily suspended from duties while an investigation takes place.
5. The Board of Directors, when appropriate, shall communicate reports of child sexual abuse to the league members. The confidentiality of any who makes such a report will be protected.



Little League Baseball

Program Organization and Administrative Personnel

The SASA Rec. Baseball Program shall be operated under the direction and supervision of the SASA Directors and their staff, all of whom are employed by SASA. **The final decision(s) on anything covered or not covered in this rule book will be made by the SASA Board of Directors and/or its representatives. Be it understood that by coaching in this program, you accept the purpose, direction and philosophy of the program.**

Purpose

The general purpose of the SASA Rec. Baseball Program is to allow each player to grow within the game through fundamental development, physical fitness, sportsmanship and inspiration.

Philosophy

The established philosophy of the SASA Board of Directors is that all participants enrolled in youth sports have the guaranteed right to play in every game regardless of skill level. **However, SASA understands that practice habits, attitude and effort are contributing factors towards playing time.**

Sportsmanship

1. **Poor sportsmanship and/or foul language will not be tolerated. Any derogatory remarks to officials, opposing coaches, fans, or players can result in suspension from play or forfeiture of the game.**
2. **Umpires are tasked with keeping the peace to allow the kids to compete in a recreational atmosphere. If you are interfering with this atmosphere the umpire(s), site director or SASA Management will remove you.**
3. **Any coach/fan/parent ejected from a SASA event (games or practices) must leave SASA property immediately and may not re-enter SASA property for the remainder of the day. Additionally, the ejected coach/fan/parent will not be allowed to attend/participate (suspended) in the next game. Ejected coaches/fans/parents may petition to the SASA Board of Directors through the Grievance Chair to have their suspension nullified.**
4. **Repeated ejections or acts of poor sportsmanship and/or use of foul language could result in suspension or removal from all SASA programs for the remainder of the calendar year.**



K-Ball Rules

Participation

All players are allowed to take the field in defensive positions with their sidekick. Only 6 players are allowed inside of the baseline (on the infield) prior to each attempted swing.

Length of Games

K-Ball 2 Full innings

Per Inning Run Limits

K-Ball – Runs are not recorded. Entire roster bats regardless of outs or runs. Umpires **WILL** call outs and baserunners **WILL** leave the bases.

Base Distances and Field Markings

65ft bases.

A batted ball must travel outside of the homeplate dirt area to be a fair ball.

No defensive player may begin a swing within the 30ft safety arc.

Official Baseball

Game balls will be provided by SASA. The following baseballs or equivalent will be provided:

- ~ 3-6 year olds must use a 9" safety ball or equivalent. (This softcore ball is soft when squeezed/compressed)

Uniforms

Color coordinated T-Shirt jerseys with numbers on back will be provided to K-Ball players. Baseball pants or shorts are allowed. Cleats are preferred but not mandatory.

Home Team

The home team shall be designated by a coin flip before each game.

Helmet Rule

-Hitters - Helmets are to stay on at all times while an offensive player (hitter or runner) is outside of his/her respective dugout.

-Catchers – K-Ball and T-Ball catcher shall wear a catcher's helmet with facemask or a batting helmet with an affixed facemask (softball helmet).

Cancellations

A game is considered final if 1 or more innings have been completed before it is called due to weather. If less than 1 full inning has been completed before the postponement the game will be resumed at a later date.

Practice

1. All practice times on fields/facility(s) owned by the City of Stillwater are to be coordinated through SASA officials.
2. Helmets at Practices... **If bats are being swung all kids in the area must have a helmet on. Ie if bats are taken out of bags put helmets on kids.**



K-Ball

Offensive Rules

1. A batting order is to be established prior to the start of each game. The entire roster of players will be allowed to bat in continual series regardless of the # of outs or runs scored.
2. The coach is responsible for positioning the tee height according to each of his/her batters. The coach is also responsible for placing the ball on the T for his/her batters.
3. The coach assisting the hitters at the plate may not reposition the T around the plate to effect where the ball is hit. The T must remain in the center of the plate.
4. Once the ball is placed on the T and the defense is ready for play the umpire will call "Play Ball" and the batter can proceed to strike the ball.
5. The ball will be considered live if any part of the hitter's bat strikes the ball causing it to go further than the painted line marking the dead ball zone (5ft). In the absence of a painted line dead ball zone will be denoted by the grass line outside of the dirt Homeplate circle in fair ground. Striking the T causing the ball to fall off does not constitute a live ball but will be counted as a strike.
6. **Bunting is not allowed.**
7. The coach assisting his/her players in batting is responsible for removing the T from the home plate area when a play at home plate is possible.
8. All runners including the batter may advance a max of 1 base (regardless of overthrows) on all batted balls.
9. Base runners are not allowed to lead off or steal bases.

Defensive Rules

10. The entire roster of players will be allowed to play defense at the same time. Coaches & sidekick (1 adult per player) are allowed in the field to assist players with defensive placement and attention.
11. Only 6 players will be allowed on the infield (in front of base lines) all other players must play behind the baselines as outfielders.
12. **Safety Arc: There shall be a thirty (30) foot arc drawn from (1st) baseline to third (3rd) baseline in front of home plate. Infielders must stay behind this line until the ball is hit.** In the absence of a painted line defensive players must stay the same distance away as the dirt area in front of the pitcher's rubber before the ball is hit.
13. **Pitchers must have 1 foot in contact with the dirt area around the pitcher's mound before each attempt to strike the ball by the batter.**
14. **Outfielders must play behind the baselines.**